

Beyond East and West = the Whole: Total Psychophysical Health



*A Practical Workshop with Integrative Healer,
Chinese-Medicine Practitioner, Therapist*

KEYVAN GOLESTANEH, M.A.

Our **body medicine** and our **mind medicine** are disconnected. After more than a century of psycho-analysis and psychotherapy and a half-century of “new age” remedies, must we choose between materialist, Western “sick care” and talk therapy and anti-materialist, Eastern spirituality? What if the best of both traditions could be brought together in a transcendent new paradigm of **wholeness and transformation**?

KEYVAN GOLESTANEH presents a new approach to integrative health and happiness, merging Western psychological and scientific insight with Eastern spiritual/awareness practices. The result offers a path to **radical healing** (beyond mere problem-solving), **self-presence**, **emotional freedom** and the awakening of **human evolutionary potential**.

This practical, experiential workshop will introduce his **Internal Processing** method and other tools for opening up to the **Life Force**—and overcoming the “primal wound” and “double mind” that hold us back from achieving true **wholeness, health** and **spiritual balance**.

"Your workshop was a delightful gift to me ... you simplify everything ... I have been trying to figure out for years."

— Diane D.

"I recommend Keyvan to everyone looking to resolve health problems ... [and] enjoy greater vitality and happiness."

— J. Cornbleet
Author, Educator and Chef

SUNDAY, 9 SEPT., 9-17:30 h

RED EARTH CENTRE 245 R. La Fayette / Paris / code A153B

120€ (90€ in advance) email: Lapis-holistic@comcast.net

CALL: 0610897604

Keyvan Golestaneh is a natural medical practitioner, healer and scholar based in California, U.S. He is a Master-level yoga teacher who has studied yogic traditions and meditation for 30 years; a psychotherapist and Structural Body Therapist; Degree in Anthropology, and a practitioner of Chinese Medicine, acupuncture and Jin Shin Do. He is the Director of The Conscious Health Institute.

www.LapisHolisticHealth.com www.ConsciousHealthInstitute.org

